PROGRAMS OF THE JARRETTSVILLE (www.jarrettsvillerec.org), NORRISVILLE (www.norrisvillerec.org) AND NORTH HARFORD (www.northharfordrec.com) RECREATION COUNCILS

CHEERLEADING					
COUNCIL	REGISTRATION/PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION		
Jarrettsville	Spirit Cheer Program is open to youth ages 5 to 17. Online registration will begin on April 1st www.jarrettsvillecheerleading.com	\$115 for noncompetitive team (ages 5 to 8 only) \$175 for competition team (ages 6 to 17) \$150 uniform deposit is returned at the end of the season provided uniform returned in good condition.	please visit website www.jarrettsvillecheerleading.com or email jarrettsvillecheerleading@yahoo.com or call Jen Hoffman at 443-838-2567		
North Harford	Hawks X-treme Cheer Cheer is a competitive team. Program open to children ages 5-17 years (age as of November 1). Registration will take place at North Harford Elementary School Recreation Office on Saturday, April 13 th and April 23 th from 6-8pm and May 16 th from 10a-12p. Visit website for more registration dates.	\$115 plus cost of cheer accessories. There is a \$200 uniform deposit fee that is returned at the end of the season provided the uniform is returned in good shape. Visit website for total cost breakdown	Visit our website at www.nhreccheerleading.com or call Melinda at 443-807-8141 or email nhreccheer@aol.com		

FOOTBAL

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RECREATION COUNCIL	REGISTRATION/PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION
Jarrettsville	Program is open to players ages 5-14. On-line registration will open March 1 st for returning players and March 8 th for new players at www.jarrettsvillefootball.com . Be sure to register early, teams fill up quickly.	U6-U7 -\$90.00 U8-U14 -\$175.00	Visit www.jarrettsvillefootball.com for more information.
North Harford Hawks	Program is open to players ages 5-14 (8 th Grade and below). Online Registration will open March 14 st — www.northharfordrec.com In Person Registration Dates: Saturday March 4 th from 10am-12pm @ North Harford H. S. Cafeteria. Tuesday March 24 th from 6pm-8pm @ NH Recreation Office	5-7 Clinic: \$100pp 8-14 Regular: \$150pp \$300 Family Max. Refer a friend both of you receive \$20 off registration, in person registration only	Visit: www.nhhawksrecfootball.com for more information.

SOCCER -

RECREATION			
COUNCIL	REGISTRATION/PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION
Jarrettsville	On-Line Registration begins April 1 at www.jarrettsvillesoccer.com No on-site signup this year. Coaches and Sponsors sign up online too.	U6 Clinic; \$60 U8 – U18: \$80 Family Max: \$190 \$15 Late Fee added after June 15	Erik Lane, Chairman erik@jarrettsvillesoccer.com 408-981-1170 cell
Norrisville ∳	Online registration will run April 1 through July 1. June walk-in registration dates will be posted on the Recreation Council website at www.norrisvillerec.org	Clinic (ages 4-5): \$60 League (U8-U18): \$80 Family Max: \$180 \$20 late fee after June 15 (younger than 4 and older than 18 please contact Toby)	Toby Marindin 410-692-6866
North Harford	On-Line Registration ONLY begins March 1 at www.northharfordsoccer.com Practices begin in August. Games begin at the end of August. Clinic will being on the first Saturday after Labor Day. End of season tournament will begin the first weekend in November. Parent volunteers are needed as coaches and assistant coaches.	Clinic (ages 4-5): \$60 U8-U18: \$80 Family Maximum: \$180 \$15 Late Fee added after June 15	Jamie Ayd theayds@verizon.net 410-241-6035
Northern Elite Travel	This is a travel soccer program sponsored by the North Harford Recreation Council representing Norrisville, Jarrettsville and North Harford. Tryouts at NH Turf Tryout dates: U8-U11 - June 1,2,3; U12+ - June 7,8,9	No cost to tryout.	Must register for tryouts online at www.northernelitesoccer.com
Northern Elite Academy	Soccer training program open to travel and recreation level players ages 4-17. Saturday night skills start March 29.	\$60 for 8 weeks Free for 2013-14 Northern Elite Players	www.northernelitesoccer.com

AFTER SCHOOL FITNESS.

This program for children ages 5-13 will include running/walking on pre-measured courses, timed runs to measure improvement, group stretching routines and running games. Participants will log their miles and receive tokens for their individual accomplishments while training for the Bel Air Town Run 5k (optional, additional fee required) April 15-June 10, from 3:30-4:45pm. Limited to 30 participants. Fee \$40. For registration info please visit Norrisvillerec.org

FIELD HOCKEY A

This Jarrettsville Recreation Council program is open to youth is grades K-8. Online registration will begin March 16. Registration fee is \$65 - Clinic (K-2) and \$100 for one participant, \$190 for two participants, \$280 for three participants (3-8). There will be a late fee of \$20 after June 16. Uniform NOT INCLUDED in registration fee. Contact Rebecca Smith at <u>iarrettsvillerecfieldhockey@gmail.com</u>or 410-399-2356 for further information or questions. For more information see www.jarrettsvillere.wix.com/jarrfieldhockey

NORTH HARFORSD BOYS CLINIC LACROSSE

North Harford will hold an instructional clinic for boys ages 5-7. Clinic will run March-June and will be held at North Harford tyker field. Cost: \$80.00 (includes shirt & trophy). Send Registration to: 4417 Slate Ridge Road Whiteford, MD 21160. For more info: Glen Folck 443-910-3880

START SMART COUNTY WIDE PROGRAM	PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION
An instructional program that helps parents work one–on–one with their children while teaching them a variety of skills. The program focuses	Sports Development	\$40.00	Thursdays from 10:00-11:00am. Runs March 12 – April 16. Location: Churchville Recreation Center
on teaching children and their parents basic sport mechanics without the threat of competition or the fear of getting hurt.	Lacrosse	\$40.00	Thursdays from 2:00-3:00pm. Runs March 12 – April 16. Location: Forest Hill / Hickory Activities Center

For more information please contact

410-638-3853, madenhard@harfordcountymd.gov, laemge@harfordcountymd.gov, tcgetz@harfordcountymd.gov; cemcgraw@harfordcountymd.gov

VOLLEYBALL

North Harford Recreation Council sponsors adult co-ed volleyball on Monday evenings from 7:30-9:30pm. The season lasts from September to May. It is pick-up volleyball - no organized teams, league, etc. The cost is \$10.00 for the whole year. If interested, please contact Chuck Blair at 410-452-5608.

FITNESS PROGRAMS, ADULTS

Jarrettsville Jazzercise holds classes on Tuesdays / Thursday evenings from 6:30-7:30pm at Jarrettsville Elementary School and Monday/Wednesday mornings from 9:30 - 10:30 at the Forest Hill / Hickory Rec Center. Cost is \$40/month for 8 classes, \$20/month for 4 classes, Drop-in: \$10, Annual Council Fee: \$15. For more information please contact Norma at 410.692.2557 or Sara at irrettsville Elementary School and Monday/Wednesday mornings from 9:30 - 10:30 at the Forest Hill / Hickory Rec Center. Cost is \$40/month for 8 classes, \$20/month for 4 classes, Drop-in: \$10, Annual Council Fee: \$15. For more information please contact Norma at 410.692.2557 or Sara at irrettsville Elementary School and Monday/Wednesday mornings from 9:30 - 10:30 at the Forest Hill / Hickory Rec Center. Cost is \$40/month for 8 classes, \$20/month for 4 classes, Drop-in: \$10, Annual Council Fee: \$15. For more information please contact Norma at 410.692.2557 or Sara at irrettsville Elementary School and Monday/Wednesday mornings from 9:30 - 10:30 at the Forest Hill / Hickory Rec Center. Cost is \$40/month for 8 classes, \$20/month for 4 classes, Drop-in: \$10, Annual Council Fee: \$15. For more information please contact Norma at 410.692.2557 or Sara at irrettsville Elementary School and Monday/Wednesday mornings from 9:30 - 10:30 at the Forest Hill / Hickory Rec Center.

BEFORE/AFTER SCHOOL PROGRAM



Program meets on School Days from 6:45-8:45am and 3:30-5:30pm at the Norrisville Elementary School Recreation Room. Open to children in grades K-5. Participants are dismissed from the activity room directly to their classroom without leaving the school in the morning or afternoon. For more information contact Sandy at 410-557-8980. This is a program of the Norrisville Recreation Council.

GOLF

For the past 22 years, the Norrisville Recreation Council has hosted a Captain's choice golf tournament the first Saturday in May at Hickory Heights Golf Club in Spring Grove, PA including on course refreshments, door prizes, raffles, long drive & closest to the pin prizes, and a post round steak dinner. For more information about playing or sponsoring the event, contact John Lawrence at john.lawrence@whiting-turner.com or call 443-250-9530.



Gymnastics & tumbling classes for boys and girls age 3-18 of any skill level. Call 4432436329 4436178794 or email northharfordgymnastics@gmail.com for specific class times and more info.

MARTIAL ARTS

PROGRAM	REGISTRATION/PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION
Jarrettsville Tae Kwon Do	Meets on Mondays and Wednesdays, 7:30-9:00pm at North Bend Elementary. Open to participants 7 years and older.	Registration: \$25/Individual, \$50/Family Monthly Fee: \$35/month with deduction for additional family members	Amy at 443-250-7517 or www.jarrettsvilletkd.org
North Harford Karate	Program meets on Tuesdays at North Harford Middle School from 7-9pm. Open to participants 8 years and older.	\$15/month, paid quarterly with deduction for additional family members	Don at 410-879-8359

SWIM PROGRAMS

All Swim Programs are programs of the North Harford Recreation Council and meet at the North Harford Middle School Pool.

PROGRAM	REGISTRATION/PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION
Afternoon Fitness	Will meet on Tuesdays and Thursdays from 2:30-4:30pm. Program will run March 3 through June 2. This is a self-directed lap swimming/walking/exercising	1 x wk \$55	Karen at 410-692-2745 after 11am
Swim and Walking	program for participants ages 14 and older. Limited spaces. This is not swimming lessons.	2 x wk \$84	Raion at 410 002 2740 after Fram
Evening Fitness Swimming	Will meet on Tuesdays and Thursdays from 6-8pm. Program will run March 3 through May 14. This includes self-directed lap swimming/walking/exercising	1 x wk \$49	Karen at 410-692-2745 after 11am
	program and open swimming. Limited spaces. All ages. This is not swimming lessons.	2 x wk \$71	Naterral 410-092-2745 after Fram
Summer Swimming Stroke and Turn Clinic	Program will meet Monday – Thursday evenings from late May through July. The clinic is designed for the competitive swimmer who wishes to improve their skills. The clinic is open to participants ages 5-18. Participants should be able to swim 25 yards each of freestyle and backstroke.	TBD	Email admin@northharfordneptunes.com
Water Aerobics	Session beginning March 4 - June 3, on Monday and Wednesday evenings from 7:30-8:30 PM at North Harford Middle School - entrance to the left of school. Arrive early for registration the first night.	\$58	Pam at 443-602-1712 or pamf355@gmail.com
Swimming Lessons	Private, semi-private and small group swim lessons, ages 3 years – adult. Time slots available on Mondays and Wednesdays between 5:15–7:15pm and Tuesdays and Thursdays between 4:30–6:00pm and 8-8:30pm Program will run March 2 through May 14. Certified instructor.	8 lessons 1/2 hr each Private\$112pp Semi-private	Karen at 410-692-2745 after 11am *(other times, costs, & packages are available)
	Turi March 2 through May 14. Certified instructor.	* \$88pp	(pp = per person)

TENNIS ()

PROGRAM	PROGRAM INFORMATION	COST	ADDITIONAL INFORMATION
Jarrettsville	The program will begin late June and end the last week of July. Instruction will be available Monday through Friday from 8:00am to noon at the Jarrettsville Recreation Complex.	TBD	Rick at rgherb@att.net or call 410-692-6420.
Norrisville	Program is open to youth ages 5-15 years and will begin March 14 until April 25. Runs on Saturdays. (Note: Adults contact Mary Beth as well for other adult programs in the area)	\$35/session	Mary Beth at 410-357-5976

HARFORD COUNTY DEPARTMENT OF PARKS AND RECREATION

Website: www.harfordcountymd.gov/parks_rec Email: madenhard@harfordcountymd.gov Phone: 410-692-7820